

# The Mystical Seeker's Year: Forging Your Own Spiritual Path in 52 Weeks

#mysticalseeker

WEEK	TOPIC
1	How do you understand the nature of deity (God / The Universe / Creator)? What is the most important thing to understand about the nature of deity? What "ism" best describes your perspective of deity (God / The Universe / Creator)? Do you view deity as transcendent or immanent? In what way, if any, do you see deity manifested on earth?
2	How was deity created? Did humans create the concept of deity or did deity create humans? What attributes or characteristics do you associate with deity?
3	How do you relate to deity (God / The Universe / Creator)? How do you develop and nurture this relationship? Do you personify deity or is it a formless energy or archetype? If you personify deity, is it masculine (male) or feminine (female)? Have you given deity a name or label? If so, what is it?
4	Is the Universe meaningless or does it hold a meaningful structure (cosmos)? Does deity have a purpose or agenda? If so, what is it? How much influence does deity have on earth (the physical realm)?
5	How do you show or express your appreciation for life? Is all life "sacred" to you, if not how do you determine this? What is your purpose for living?
6	How do you relate to the forces outside of the present world / shared reality, if at all? How does this power influence humanity, if at all? If humanity is independent of this force, how does it relate to it?
7	Why do bad things happen to good people? Why do good things happen to bad people?
8	Is there a greater reason for sickness, birth defects, disabilities, handicaps, diseases, or other incurable conditions? If so, what is that greater reason? Why do natural disasters occur?
9	What is your personal understanding in regards to spiritual beings such as: angels, demons, gods, goddesses, spirits, ghosts, ancestral spiritual forces, and spirits of the dead?
10	What is your personal creed? How are you keeping personal integrity to that creed?
11	How does your family heritage affect your creed, if at all? What are the central teachings that you strongly adhere to?
12	How do you define "truth"? Are you a seeker of this truth? What are two or three major truths upon which you have based your life choices on?

- 13** Who are your teachers and mentors?  
Why and how did you choose them?
- 14** What is the nature of humanity?  
What is humanity's purpose in the Universe?  
How does the belief in deity benefit humanity, if at all?
- 15** Are all human beings born equal?  
Are some human beings born leaders?  
Are all human beings born to be friends? Enemies?
- 16** Make a list of those characters, attributes, and ideals that hold personal value for you.  
Explain why each of these is of significance to you.
- 17** How do you implement these principles (listed in #16) in your own life?  
What action do you take, if any, when confronted with an individual or situation that directly contradicts your own principles?
- 18** Make a list of behaviors that benefit your personal spiritual development and growth, those deeds that you deem "pious", "good", or "righteous".  
Explain why each of these is of significance to you.
- 19** How do you ensure that you align with these morals (listed in #18)?  
What action do you take, if any, when confronted with your own behavior that directly contradicts your own morals?
- 20** What action do you take, if any when confronted with an event or circumstances that demands your action, but threatens your own morals?  
How do you rectify these actions within yourself? To others?
- 21** Are there behaviors that are inherently "profane", "bad", or "sinful"?  
If so, compile a list of these behaviors.  
Explain why each of these is of significance to you.
- 22** How do you ensure that you do not adopt those behaviors that you believe are inherently "profane", "bad", or "sinful"?  
What action do you take, if any, when confronted with these behaviors in others? In yourself?
- 23** What action do you take, if any, when confronted with an event or circumstances that demands your action, but may require you to act in a way that you perceive is inherently "profane", "bad", or "sinful"?
- 24** How do you handle feelings of guilt?  
What role does forgiveness have in your beliefs, if any?  
In what ways do you atone for your transgressions against others, if at all?
- 25** Make a list of behaviors, circumstances, situations would you not forgive.  
Explain why you would refuse to forgive someone involved in these behaviors, circumstances, and situations.
- 26** What are your expectations concerning individuals who have wronged you?  
How do you handle the feelings of rejection, disappointment, discouragement, and frustration when those expectations are not fulfilled?

- 27** In what ways do you communicate with deity (God / The Universe / Creator)?  
What role does prayer have for you, if any?  
What role does meditation have for you, if any?  
What role does spiritual contemplation have for you, if any?
- 28** How does deity communicate with humanity, if at all?  
How does deity communicate personally with you?  
How do you attain spiritual knowledge? Unverifiable Personal Gnosis?
- 29** What profound experiences have you had with signs, omens, and portents?  
How did these experiences validate or disprove your own beliefs about deity?
- 30** What do you believe concerning prophets?  
Are there modern day prophets? If so, what is their purpose?
- 31** What is the story of creation?  
How important is the Creation Story for your spirituality?  
What myths do you include in your own spiritual beliefs that are a source for personal logos?
- 32** How do you attain wisdom about spiritual truths?  
Are there text or written words that you regard as sacred or valuable?
- 33** How does the concept of time and space relate to your spiritual beliefs, if at all?  
How is this different from deity's relation to time and space?  
Are their special ceremonies for life events such as birth, marriage, and death?  
If so, explain and / or describe them.
- 34** What festivals and holy days do you observe?  
What significance do specific seasons, months, days have within your spirituality?
- 35** What are your beliefs regarding death?  
Do you believe in Heaven / Nirvana / Summerlands?  
Do you believe in the existence of Hell?  
Do you believe in an afterlife?  
Do you believe in reincarnation?  
Do you believe in past life memories? If so, what is their purpose?
- 36** What objects, if any, do you regard as sacred?  
What other symbols do you perceive as sacred?  
What is the purpose of possessing physical representations of deity (God / The Universe / Creator), if any?
- 37** What people, if any, do you regard as sacred?  
Are there places (local or global / specific or general) that you regard as sacred?  
If so, describe them.
- 38** How do you define faith?  
What role does faith have in your spirituality, if at all?  
How "far" would you go to maintain your spiritual beliefs / practices?  
Would you die for your spiritual beliefs / practices?
- 39** What is the difference between worshipping and honoring deity? Is there a place for both?  
What is the purpose or intention of worship?  
If there are special garments worn during worship, explain their purpose, who dons them, and a description.  
Does deity demand, seek, or require worship?

- 40** Who do you include in worship?  
Is worship a solitary or group experiences? Is it ever a combination of both?
- 41** Is there a place for clergy? If so, who are they?  
How do they attain this position?
- 42** What is the procedure for worship?  
Is it ceremonial or intuitive and spontaneous?  
If ceremonial, what gestures / movements are used?  
What words are spoken / sung / chanted?  
What sacred symbols are included in worship, if any?
- 43** Where does worship occur?  
Do you maintain a temple, shrine, or church?  
Are these places within the home or in a public place?  
Who attends to the maintenance and protection of these spaces?  
How are they cared for?
- 44** Is there a place for magick within your worship?  
If so, how do you incorporate magick into your spirituality?
- 45** Do you believe that miracles occur in today's society? If so, what is the purpose of miracles?  
Have you experienced a miracle? If so, describe the experience.
- 46** What are your assumptions about people who hold different spiritual beliefs to you?  
Similar beliefs? How do you relate to others who hold similar beliefs to you? Different beliefs?
- 47** Why are there so many conflicting religions?  
Do you believe that all religions and / or spiritual paths lead to the same end?  
If so, what is that end? If not, where do you see yourself heading?
- 48** What is the key to maintaining balance in your life?  
What is your greatest strength? What is your greatest weakness?
- 49** What do you consider to be two major turning points in your life?  
Why are they significant to you?
- 50** What has been your great personal success? Why was it so significant?
- 51** What would you like to make absolutely certain you do (if at all possible) during your lifetime?
- 52** What has this year (past 52 weeks) revealed to you about yourself and your spiritual beliefs?